According to a 2014 study conducted by The MarkTech Group, 57% of radiology reading is stressful and sedentary due to lack of ergonomic control over physical environment using bright monitors in poorly lit rooms. Interpreting large amounts of data for long hours in sedentary environments puts radiologists at risk. The hidden cost of poor ergonomics is related to the delivery of high quality care, health and quality of life, and productivity. This causes radiologists experiencing 87% physical discomfort and 66% eye fatigue. The data is based on a 2014 study conducted by The MarkTech Group.
POOR ERGONOMICS CAN LEAD TO REPETITIVE STRAIN INJURIES, PAIN, DISCOMFORT, HEADACHES, AND FATIGUE...

SITTING TOO FREQUENTLY THROUGHOUT THE DAY SIGNIFICANTLY INCREASES HEALTH RISKS

PEOPLE WHO SIT FOR MOST OF THE DAY ARE 60% MORE LIKELY TO SUFFER FROM REPETITIVE STRAIN INJURIES

60% OF RADIOLOGIST

SITTING TOO FREQUENTLY THROUGHOUT THE DAY SIGNIFICANTLY INCREASES HEALTH RISKS

PEOPLE WHO SIT FOR MOST OF THE DAY ARE 54% MORE LIKELY TO DIE FROM HEART ATTACKS

59% SHOULDERS

71% NECK

RADIOLGISTS ARE ESPECIALLY SUSCEPTIBLE TO REPETITIVE STRAIN INJURIES

45% WRISTS & HANDS

47% BACK

AREAS MOST AFFECTED

PEOPLE WHO SIT FOR MOST OF THE DAY ARE 54% MORE LIKELY TO DIE FROM HEART ATTACKS

PROVIDING EQUIPMENT THAT ALLOWS FOR CHANGE OF POSITIONS MAINTAINING PROPER ERGONOMIC POSTURES

MANAGING PERIPHERAL DEVICES AND CABLEING TO REDUCE CLUTTER AND DISTRACTIONS

PROVIDING WORK ENVIRONMENTS THAT FOSTER OPPORTUNITIES FOR COLLABORATION AND ACHIEVEMENT OF PRODUCTIVITY GOALS

PROVIDING READING ROOMS WITH PROPER ERGONOMIC LIGHTING AND ACOUSTICAL TREATMENT

KEEP RADIOLOGISTS HEALTHY AND PRODUCTIVE!

Ergonomic workspaces improve radiologists’ health.

MITIGATE RISKS AND CONSEQUENCES BY: